

**The Hong Kong Academy of Nursing**  
**香港護理專科學院**

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**Press Release**  
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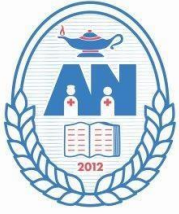
**HKAN Response to Total Ban of Alternative Tobacco**

The Hong Kong Academy of Nursing (HKAN) and its 14 Academy Colleges (Appendix) representing over 2,500 advanced practice nurses in Hong Kong would like to show our great appreciation for the Government's decision to TOTALLY BAN the alternative smoking products including e-cigarettes, heat-not-burn (HNB) and all other forms of new tobacco products.

Being healthcare professionals, we fully understand and witness the harm of cigarettes on people's health, especially smoking is highly addictive. Scientific evidence showed that all tobacco products are harmful to health with increased risk of disease such as lung cancer, coronary heart disease and stroke. Exposure to second-hand and third-hand smoke may casually link to cancer, respiratory and cardiovascular diseases, and has adverse effects on the health of pregnant women and their fetuses, infants and children. Emerging research studies showed that harmful and carcinogenic substances are found in alternative smoking products, and e-cigarettes contain nicotine which is addictive. Like all other addictive products, e-cigarettes also contain addictive substances that lead to reduced impulse control, attention and cognitive deficits, and mood disorders. Besides, new and young e-cigarette users tend to progress to using combusted cigarettes in their later life.

No commercial interests should be weighed over the health of people, particularly for our next generation. In view of all the harmful effects of cigarette smoking, we strongly support the Government's stringent measures to TOTALLY BAN all alternative smoking products. It will certainly help in protecting the public's health at a higher level.

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**Appendix**

Supporting Academy Colleges

Hong Kong College of Cardiac Nursing  
Hong Kong College of Community and Public Health Nursing  
Hong Kong College of Critical Care Nursing  
Hong Kong College of Education and Research in Nursing  
Hong Kong College of Emergency Nursing  
Hong Kong College of Gerontology Nursing  
Hong Kong College of Medical Nursing  
Hong Kong College of Mental Health Nursing  
Hong Kong College of Midwives  
Hong Kong College of Nursing and Health Care Management  
Hong Kong College of Orthopaedic Nursing  
Hong Kong College of Paediatric Nursing  
Hong Kong College of Perioperative Nursing  
Hong Kong College of Surgical Nursing